Ivy Education Trust
Cockwood Primary

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Breaded Fish or Salmon Fingers with Chips and Beans	Bacon Carbonara with Focaccia and Salad	Beef Chilli with Rice, Peas and Sweetcorn	Roast Chicken with Roast Potatoes, Carrots, Cabbage and Gravy	Dartmoor Beef Stew with Crusty Roll
Pick a MEAT-FREE MAIN	Butternut and Bean Burger with Chips and Beans	Vegetarian Hot Pot with Sweetcorn and Crusty Roll	Tomato and Cheese Pasta Bake with Focaccia and Salad	Vegetarian Toad in the Hole with Roast Potatoes, Carrots, and Cabbage	Vegetable Pitta with Wedges and Beans
Pick a JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
Pick a DESSERT	Fruity Flapjack	Fresh Fruit Platter	Chocolate Cookie	Vanilla Iced Sponge	Apple Crumble and Custard

Educatering
The School Food Revolution

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

FRESH FRUIT & YOGHURT SERVED DAILY

ALLERGEN KEY

CELERY · GLUTEN · CRUSTACEANS · EGGS · FISH · LUPIN · MILK · MOLLUSC · MUSTARD · NUTS · PEANUTS · SESAME · SOYA · SULPHUR

Ivy Education Trust
Cockwood Primary

AUTUMN MENU
Week two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Breaded Fish with Chips and Beans	BBQ Chicken Wrap with Wedges and Sweetcorn	Brunch Sausage, Bacon, Hash Brown and Baked Beans	Pulled Roast Beef with Yorkshire Pudding Roast Potatoes, Carrots, Cabbage and Gravy	Macaroni Cheese with Bacon, Focaccia and Peas
Pick a MEAT-FREE MAIN	Vegetable Nuggets with Chips and Salad Sticks	Cauliflower and Butternut Curry with Plain Rice and Naan Bread	Vegan Bolognaise with Penne Pasta and Carrots	Butternut and Sweet Potato Bake with Roast Potatoes, Gravy, Carrots and Cabbage	Vegetable Chilli with Rice and Peas
Pick a JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
Pick a DESSERT	Lemon Cookie	Fresh Fruit Platter	Shortbread	Raspberry Muffin	Jelly and Fruit

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Cockwood Primary

AUTUMN MENU
Week three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Chicken Bites with Chips and Peas	Chipolata Sausages with Mash, Gravy, Carrots and Sweetcorn	Pepperoni Pizza with Wedges and Salad	Beef Pie with Roast Potatoes, Carrots, Cabbage and Gravy	Meatballs and Tomato Sauce with Pasta and Sweetcorn
Pick a MEAT-FREE MAIN	Sweet Potato Cake with Chips and Peas	Macaroni Cheese with Focaccia and Carrots	Margherita Pizza with Wedges and Salad	Vegetable Pie with Roast Potatoes, Carrots and Cabbage	Vegetarian Brunch Quorn Sausage, Grilled Tomato, Hash Brown and Baked Beans
Pick a JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
Pick a DESSERT	Oaty Cookie	Fresh Fruit Platter	Chocolate Orange Drizzle Cake	Jelly and Fruit	Carrot and Courgette Chocolate Brownie

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